



Required Techniques For 2nd Brown Belt (In the order they should be taught.)

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| 1. MENACING TWIRL | <i>Rear Left Hand Belt Grab</i> |
| 2. LEAP FROM DANGER | <i>Rear Two-Hand Push</i> |
| 3. CIRCLES OF PROTECTION | <i>Front Right Step Through Overhead Punch</i> |
| 4. ROTATING DESTRUCTION | <i>Right Roundhouse Kick & Left Spinning Back Kick</i> |
| 5. BROKEN GIFT | <i>Handshake</i> |
| 6. ESCAPE FROM DEATH | <i>Rear Right-Arm Choke</i> |
| 7. CAPTURING THE STORM | <i>Front Right step Through Overhead Club Attack</i> |
| 8. INTERCEPTING THE RAM | <i>Front Tackle</i> |
| 9. THE BACK BREAKER | <i>Right Flank Right Step Through Punch</i> |
| 10. DECEPTIVE PANTHER | <i>Combination Right Front Snap Kick (Low) & Roundhouse Kick (High)</i> |
| 11. TWIRLING SACRIFICE | <i>Full Nelson</i> |
| 12. HEAVENLY ASCENT | <i>Front Two-Hand Choke Arms Straight</i> |
| 13. SECURING THE STORM | <i>Front Right Step Trough Roundhouse Club Attack</i> |
| 14. FALLING FALCON | <i>Front Right Direct Lapel Grab</i> |
| 15. TAMING THE MACE | <i>Front Right Step Through Punch</i> |
| 16. DEFENSIVE CROSS | <i>Front Right Thrust Kick</i> |
| 17. CROSS OF DEATH | <i>Front Two Hand Cross Choke</i> |
| 18. KNEEL OF COMPULSION | <i>Right Flank Right Step Through Punch</i> |
| 19. BOWING TO BUDDHA | <i>Front Right Knee Strike</i> |
| 20. GLANCING WING | <i>Front Left Uppercut Punch</i> |

Form's

Long Form # 4