



**Required Techniques For Purple Belt ( In the order they should be taught. )**

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|----------------------|---|
| 1. TWIRLING WINGS    | <i>Rear two Hand Stiff Arm Shoulder Grab</i>    |
| 2. SNAPPING TWIG     | <i>Front Left Hand Chest Push</i>               |
| 3. LEAPING CRANE     | <i>Front Right Step Through Punch</i>           |
| 4. BUCKLING BRANCE   | <i>Front Left Step Through Kick</i>             |
| 5. CRUSHING HAMMER   | <i>Rear Bear Hug ( Arms Pinned )</i>            |
| 6. CAPTURED LEAVES   | <i>Right Flank Finger Lock</i>                  |
| 7. CALMING THE STORM | <i>Front Right Step Through Roundhouse Club</i> |
| 8. CROSSING TALON    | <i>Front Right Cross Wrist Grab</i>             |
| 9. REVERSING MACE    | <i>Front Left Step Through Straight Punch</i>   |
| 10. THRUSTING PRONGS | <i>Front Bear Hug ( Arms Pinned )</i>           |
| 11. LOCKED WING      | <i>Rear Hammerlock</i>                          |
| 12. OBSCURE WING     | <i>Right Flank Left Hand Shoulder Grab</i>      |
| 13. RAINING CLAW     | <i>Front Right Uppercut Punch</i>               |
| 14. SPIRALING TWIG   | <i>Rear Bear Hug ( Arms Free )</i>              |
| 15. TWISTED TWIG     | <i>Front Wrist Lock</i>                         |
| 16. OBSCURE SWORD    | <i>Right Flank Left Hand Shoulder Grab</i>      |

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## **Form and Set's**

- Stance Set # 1*
- Coordination Set # 1*
- Short Form # 2*